<!DOCTYPE html>

<html lang="en">

<head>

<title>Authentic Health Presentation</title>

<meta charset="utf-8">

<meta http-equiv="x-ua-compatible" content="ie=edge">

<meta name="viewport" content="width=device-width, initial-scale=1">

<link rel="stylesheet" href="shower/themes/ribbon/styles/screen-16x10.css">

</head>

<body class="shower list">

<header class="caption">

<h1>Authentic Health Presentation</h1>

<p>By Khalid Ahmad Khattak</p>

</header>

<section class="slide" id="cover">

<h2>Authentic Health Presentation</h2>

<p>Brought to you by <a href="http://www.KhalidKhattak.com/AuthenticHealth.php">Khalid Ahmad Khattak</a></p>

<img src="pictures/cover.jpg" alt="" class="cover">

<!--

To apply styles to the certain slides

set slide ID to get needed elements

-->

<style>

#cover h2 {

margin:30px 0 0;

color:#FFF;

text-align:center;

font-size:70px;

}

#cover p {

margin:10px 0 0;

text-align:center;

color:#FFF;

font-style:italic;

font-size:20px;

}

#cover p a {

color:#FFF;

}

</style>

</section>

<section class="slide">

<h2>Authentic Health Features</h2>

<ol>

<li>Search for any health problem</li>

<li>Symptoms will be provided for the typed health problem</li>

<li>Treatments by English Medicine option</li>

<li>Treatments by Homeopathic option</li>

<li>Treatments by Religious text option</li>

<li>Treatments by Home remedy option</li>

<li>Each treatment will be fully referenced</li>

</ol>

<!-- <p class="note">Shower ['ʃəuə] noun. A person or thing that shows.</p> -->

</section>

<section class="slide">

<h2>Simple Exerices for each part of the body</h2>

<ol>

<li>Exercises for upper body</li>

<li>Exercises for middle body</li>

<li>Exercises for Lower body</li>

</ol>

</section>

<section class="slide">

<h2>Exercise for upper body</h2>

<ol>

<li>Exercise 01 + precautions</li>

<li>Exercise 02 + precautions</li>

<li>Exercise 03 + precautions</li>

<li>Exercise 04 + precautions</li>

<li>Exercise 05 + precautions</li>

<li>Exercise 06 + precautions</li>

</ol>

</section>

<section class="slide">

<h2>Exercise for middle body</h2>

<ol>

<li>Exercise 01 + precautions</li>

<li>Exercise 02 + precautions</li>

<li>Exercise 03 + precautions</li>

<li>Exercise 04 + precautions</li>

<li>Exercise 05 + precautions</li>

<li>Exercise 06 + precautions</li>

</ol>

</section>

<section class="slide">

<h2>Exercise for lower body</h2>

<ol>

<li>Exercise 01 + precautions</li>

<li>Exercise 02 + precautions</li>

<li>Exercise 03 + precautions</li>

<li>Exercise 04 + precautions</li>

<li>Exercise 05 + precautions</li>

<li>Exercise 06 + precautions</li>

</ol>

</section>

<section class="slide" id="picture">

<h2>Pictures</h2>

<img src="pictures/picture2.jpg" alt="" class="cover">

<style>

#picture h2 {

color:#FFF;

}

</style>

</section>

<section class="slide" id="picture">

<h2>Pictures</h2>

<img src="pictures/picture2.jpg" alt="" class="cover">

<style>

#picture h2 {

color:#FFF;

}

</style>

</section>

<p class="badge">

<a href="https://github.com/shower/shower">Fork me on GitHub</a>

</p>

<!--

To hide progress bar from entire presentation

just remove “progress” element.

-->

<div class="progress"></div>

<script src="shower/shower.min.js"></script>

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<!-- Photos by anonymous -->

</body>

</html>